

KING GEORGE PUBLIC SCHOOL

Sterling Swain - Principal
Jenna Cross - Vice Principal

February 2021

Telephone Number: 306-763-7571
Fax Number: 306-764-9060

Attendance - 1-833-309-1241, School Messenger App, or <http://go.schoolmessenger.com>
Website: <https://kg.srsd119.ca>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 Grilled Cheese Lunch \$3.00/meal	3 Pizza order forms and money DUE	4 Grilled Cheese Lunch \$3.00/meal	5 SCC Pre-Order Pizza Sale  Virtual Clan Assembly 9:40am
8 Western Day	9 Dress as your favourite YouTube Star Grilled Cheese Lunch \$3.00/meal	10 Clan Colour Day/ Wacky Mask Day	11 Dress to Impress Day Grilled Cheese Lunch \$3.00/meal	12 SCC Pre-Order Pizza Sale  Pajama Day 100 th Day of School!
15 Family Day	16	17	18	19
February Break → Classes resume Monday February 22 nd				
22 Boston Pizza Lunch money and order forms DUE	23 Grilled Cheese Lunch \$3.00/meal	24  Pre-Order Boston Pizza Lunch	25 Grilled Cheese Lunch \$3.00/meal	26 
1 March 2021 →→	2 Grilled Cheese Lunch \$3.00/meal	3	4 Grilled Cheese Lunch \$3.00/meal	5 SCC Pre-Order Pizza Sale 
Class Times: 8:30 – 11:40am, 12:30 – 3:00pm				



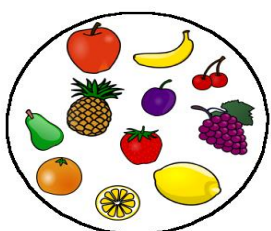
Eat Right - Food Choices

Tips from Ms. Williams

I know fruit is a healthy choice. How can I make sure I get plenty of fruit when the cost is high?

- Buy fresh fruit when it is in season. Shop at farmers markets or 'pick it yourself' farms. Watch for sales at grocery stores
- Some fresh fruits are a good buy all year long. For example: Apples, oranges, and bananas
- Pre-cut fruit costs more. Save money by preparing your own
- You can save costs by buying frozen, canned, and dried fruits on sale. "No Name" or store brands are usually available at a cheaper price. Buy larger cans or packages and repackage into smaller containers for work or school lunches
- Look for fruit/vegetable food buying clubs in your area Ex: The Good Food Box

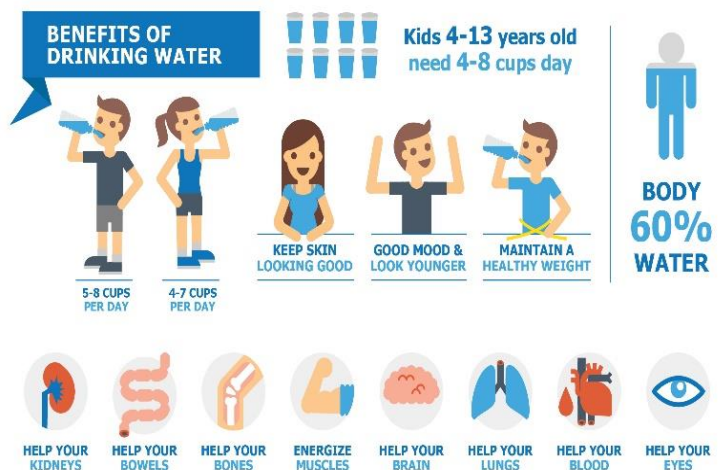
Keep your eyes peeled for more monthly tips!



Miss Williams



Please consider bringing a refillable water bottle to have at school. We are very fortunate to have wonderful bottle refill stations here at King George. The water stations offer cold, filtered water at the push of a button!



If your child is going to be absent, late or has to leave early for any reason, we ask that you contact the school by:

1. School Messenger:
 - Toll free 1-833-309-1241
 - School Messenger App or <http://go.schoolmessenger.com>
2. Telephone: (306)763-7571 (with a 24 hour answering machine); or,
3. Text/Email: kgattendance@srsd119.ca (enter name of student and reason for being away ie. John Doe, sick).

The school will call home for students who are absent if a call or message has not been received from home to excuse them.

